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Friends and Neighbors:

As concerns about COVID-19 escalate, we want to let you know how we all can prevent the spread of the virus.


Ophthalmology Associates & LASIK Center of Mankato is following established protocols and is implementing additional precautions to protect our patients, employees and community, including limiting visitors and performing appropriate screening of patients and caregivers upon arrival at our clinic.

You can help us prevent the spread of the virus by calling ahead about COVID-19. If you are experiencing a fever, cough, and/or shortness of breath, or have traveled to an area of known COVID-19 exposure via mass transit (airplane/train/bus), call ahead to our office at 507-345-6151 to reschedule your appointment to a later time.

We are also asking patients not to bring more than one person to your appointment at a time. If this presents a hardship, please contact us beforehand.


The Centers for Disease Control and Prevention (CDC) offers the following tips to help prevent the spread of respiratory viruses.

- Avoid close contact with people who are sick.
- Avoid touching your eyes, nose and mouth with unwashed hands.
- Wash your hands often with soap and water for at least 20 seconds.
- Use an alcohol-based hand sanitizer that contains at least 60% alcohol if soap and water are not available.

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If you are feeling sick, follow the below tips to keep from spreading respiratory illness to others.

- Stay home when you are sick.
- Cover your cough or sneeze with a tissue, then throw the tissue in the trash.
- Clean and disinfect frequently touched objects and surfaces.
- Stay away from public events or care facilities including hospitals and clinics.

For more information on COVID-19 and how you can protect yourself, please visit the following sites:

[www.cdc.gov/COVID19](http://www.cdc.gov/COVID19)

<https://www.cdc.gov/coronavirus/2019-ncov/downloads/2019-ncov-factsheet.pdf>

<https://www.cdc.gov/coronavirus/2019-ncov/prepare/prevention.html>

Thank you for seeking care at Ophthalmology Associates & LASIK Center of Mankato.


Sincerely,

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